

Emotional Regulation Training in Grande Prairie

*Discover new strategies.
Practice new skills.
Connect with colleagues.*



Date and Location

January 12, 2018

8:30 am – 4:00 pm

With a 1-hour break for lunch

Grande Prairie Public Schools

Training Room

10127 120 Avenue

Grande Prairie, AB

T8V 8H8

Learning Goals:

- 1) Learn to identify which clients are a good fit for DBT-A
- 2) Learn how to use this treatment in a group and/or individual therapy format
- 3) Learn about the DBT-A module skills

Criteria:

This event is open only to regulated mental health professionals.

To register, please follow this link.

Registration deadline: December 22, 2017.

Coffee, snacks and lunch will be provided for all attendees for \$25 per-person. You will pay the \$25 during registration; there is no need to bring cash to the event.

WHO IS THE PRESENTER?

Dr. Beena Thomas, R. Psych., holds a Ph.D. in Clinical Psychology. She has conducted a range of psychological research and has extensive experience providing assessment and clinical intervention to children, adolescents, and families presenting with a variety of mental health concerns. She presently holds the role of Mental Health Consultant for CASA's Community Geographic Team.



CASA
Child, Adolescent and Family
Mental Health

Community Geographic Team